



44 MILLION PEOPLE

— *have a second job that* —

PAYS \$0/HOUR.

← **TRUE OR FALSE** →

TRUE.

It's called caregiving.

Taking care of an elderly family member can be challenging, especially when you have your own needs to manage. We take the guesswork and stress out of caregiving by helping you find trained professionals who offer specialized referrals.

Call us any time to find options and help for:

- Alzheimer's support
- Caregiver support groups
- Diabetes education
- Identifying housing options
- In-home services such as housekeeping, meal services, night care and transportation
- Legal and financial services
- Senior activity groups and volunteer and educational opportunities
- Understanding Medicare, Medicaid and veterans benefit information

When you call, an advisor will listen to your needs then research options and resources near you. You'll then get detailed information about each option, such as the services offered, costs, professional credentials and contact information.

Ongoing support

Within 10–14 days of your call, we'll follow up to see if you or your loved one needs any additional support. Get started today by making just one call.

All calls and use of services are kept completely confidential.

Real people. Real life. Real solutions.

866-248-4096

Or log on to liveandworkwell.com

Access code: Vontier

TTY 711

Services available vary depending on your benefit package. Please ask your health benefits representative for details.

The information provided is for educational purposes only and is not meant to provide medical advice or otherwise replace professional advice.